



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Suporte Básico de Vida (Basic Life Support)
Academic Year 2025/2026

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Maria do Céu Mendes Pinto Marques (mcmарques@uevora.pt)

3. Program description

Human life is the basis of all citizenship rights, and the duty to know how to rescue and resuscitate is one of the foundations of active citizenship. Epidemiological evidence shows that cardiac arrest is the most urgent situation for immediate first aid; in a person in cardiac arrest each minute lost corresponds, on average, to the loss of 7% to 10% of the probability of survival. There is, therefore, no doubt about the importance of identifying an emergent situation and taking action. The aim of the course is to train the general public, in particular employees of schools, nursing homes and other institutions, to provide Basic Life Support.

4. Objectives

Perform BLS according to CPR/ERC rules;
Use the AED according to CPR/ERC rules.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii **Specific admission conditions**

This training program is intended for adults from the IPDJ (Portuguese Institute of Sport and Youth) in Évora and other organizations. No minimum educational qualifications are required.

iii **Necessary documentation**

- a) identification document;
- b) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- c) proof of residence permit, in the case of foreign students;
- d) document with tax identification number, in the case of foreign students;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 24

8. Minimum number of students

Minimum number of students: 12

9. Tuition fee

- Tuition fee: 0,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 1

11. Horas de Contacto

- Total de horas de contacto: 7

12. Learning Type

b-Learning

13. Schedule type

Mixed

14. Classes location

University of Évora
S. João de Deus School of Nursing

15. Classes schedule (week days and schedule)

April 21, online, from 6:00 p.m. to 8:00 p.m.
April 23, in person, from 9:00 a.m. to 2:00 p.m.

16. Program Dates

- Program Start Date: April 21, 2026
- Program End Date: April 23, 2026

17. Application Dates

- Applications Start Date: -
- Applications End Date: -
- Announcement of Results (until): April 14, 2026
- Enrollments Start Date: April 14, 2026
- Enrollments End Date: April 21, 2026

March 31, 2026

The Rector

Hermínia Vasconcelos Vilar