



Universidade de Évora

Open call rules

Applications for Admission: Mestrado em Tecnologia no Desporto e na Saúde
(Technology in Sport and Health.)
Academic Year 2026/2027

1. The program is promoted by

Universidade de Évora - Escola de Saúde e Desenvolvimento Humano

2. Course Committee

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3. Program description

Technological advance is transversal in the various areas of society and constitutes an essential instigator of economic growth and human development. In this context, Sports and Health are no exception. In Sports, various gadgets, sensors, and computer vision systems are being developed to record continuous human movement data to optimise motor performance. In Health, advances in technology have made it possible to increase the accuracy of diagnosis and develop more effective treatments, promoting improvements in patient's quality of life and the population in general. In this context, the Master's Degree in Technology in Sports and Health aims to train specialists in Sports and Health technology with the knowledge and technical capacity to develop and apply instruments and methods of collecting and processing information based on technology.

4. Specialization areas

- Health Technology (**available**)
- Sport Technology (**available**)

5. Career opportunities

The multidisciplinary and innovative training offered in this study cycle will provide future graduates with the technical and scientific skills required for specialised professional practice at the intersection of technology, sport, and health, specifically enabling them to:

- Integrate into multi- and transdisciplinary teams within the sports industry, healthcare units, research centres, and universities.
- Perform specialised interventions both in high-performance sport and in the promotion of healthy lifestyles, healthcare management, and remote patient monitoring.
- Develop, implement, and optimise technological tools and data-visualisation software using inertial sensors, computer vision systems, GPS, or wearable devices for motor performance analysis and decision support in training and clinical contexts.
- Identify business and technology-based entrepreneurship opportunities, with competencies to operate in marketing, planning, and innovation project management within the sport, leisure, and wellness industries.
- Manage and analyse complex datasets, including the operation of biomedical databases (biobanks) and the application of quantitative and epidemiological research methods.
- Pursue further academic studies through enrolment in a third cycle (PhD), building on the scientific research skills developed during the programme.

6. Number of registration at DGES

R/A-Cr 176/2022

7. Number of accreditation process by A3ES

NCE/21/2100266

8. Program Creation Norm

Diário da República n.º 172 de 6 de setembro, Aviso n.º 17399/2022

9. General conditions of access and admission

i Legal conditions for access to the cycle of studies leading to the master degree

Those who meet the following conditions may apply to the cycle of studies that leads to the master degree:

- Holders of the bachelor degree or legal equivalent;
- Holders of a foreign academic degree fully recognised as satisfying the objectives identical to the bachelor degree by the relevant scientific body of the higher education institution they wish to be admitted to;
- Holders of an academic, scientific or professional curriculum vitae that is recognized as attesting to the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to.

ii Conditions of access to the cycle of studies at the Universidade de Évora

On the application date, the undergraduate students must satisfy conditions that guarantee the conclusion of their undergraduate degree until the 30th of October of the admission year. The admission and enrollment of these students is conditioned on the conclusion of the degree until this date, and the enrollment is canceled if the student does not complete the degree within that period

During the first application phase, students who have a maximum of 6 curricular units or 36 ECTS missing for conclusion of their degree can apply for the 2nd cycle; Being students of the University of Évora of the Degree Course in Ciências do Desporto, it is possible to apply in the 1st phase having missing a maximum of 42 ects to finish the Course. In the 2nd phase it is possible to apply if you are missing 3 UC and in the 3rd phase if you are missing 1 UC

The previous condition does not apply to students with a curriculum that reveals professional or scientific experience, which can be recognized by the competent scientific body, as attesting the students ability to carry out the masters degree/post-graduation, provided that the student required that recognition in the application process

iii **Specific admission conditions**

Holders of a Bachelor's degree in Sport Sciences, or Bachelor's Degree in Psychomotor Rehabilitation, or Bachelor's Degree in Computer Sciences Engineering, or Bachelor's Degree in Mechanics Engineering, or Bachelor's Degree in Nursing, or Bachelor's Degree in Biomedicine, or Bachelor's Degree in Human Biology, or other related areas.

Holders of a school, scientific or professional curriculum which certifies, by the course committee of the Master in Technology in Sport and Health and by the Scientific Council of the School of Health and Human Development, capabilities to carry out this cycle of studies.

10. Selection Process

- Academic Qualifications: 40%
 - Average grade in the highest qualification: 50%
 - Area of qualifications: 25%
 - Level of qualifications: 25%
- Curriculum Analysis: 40%
 - Professional Training in the area of the program or related fields: 20%
 - Scientific and technical activities and publications: 30%
 - Professional Experience in the area of the program or related fields: 30%
 - Training in transversal competences: 20%
- Interview: 20%
 - Motivation and commitment: 30%
 - Understanding of Program Objectives: 30%
 - Ability to understand: 20%
 - Ability to communicate: 20%

11. Maximum number of admissions

- Maximum number of admissions for candidates with nationality of European Union countries: 16
- Maximum number of admissions for candidates without nationality of European Union countries: 4

Depending on the number of applications, there may be transfer of vacancies from the international students applications to the European Union students applications or vice-versa.

12. Minimum number of students

Minimum number of students: 8

13. Tuition fee

- Candidates with nationality of European Union countries: 1 050,00 €
- Candidates without nationality of European Union countries: 2 500,00 €
 - Annual Tuition fee for international students with merit scholarship: 1 050,00 €
 - Annual Tuition fee for international students with cooperation and development scholarship: 1 250,00 €

In the admission year, all students with international student status who have an undergraduate average of 15 or above (on a 0-20 scale) benefit from the international student merit scholarship tuition fee and all students from PALOP countries benefit from the tuition fee for international students with cooperation and development scholarship.

In the following years, to keep the merit or cooperation and development scholarship, the student has to meet the conditions stipulated in article 22 of the Academic Regulations of the University of Évora and the results are published until October 31 of each academic year, without the need to apply for the scholarship.

14. Organization / Duration

- a. **Duration of the program:** 4 semesters
- b. **Number of ECTS to obtain the degree:** 120
- c. **Number of ECTS to obtain the master's course (conclusion of the curricular part):** 78

15. Language(s) of teaching

- Portuguese

Although classes are taught in Portuguese, tutorial support is available in English or other languages, and teaching materials are provided in English or other languages (French, Spanish) whenever there are students whose native language is not Portuguese.

16. Learning Type

Presential

17. Schedule type

Mixed

18. Classes schedule (week days and schedule)

Working hours and after-work hours

19. Program starting date

September de 2026

February 12, 2026
The Rector

Hermínia Vasconcelos Vilar