



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Aconselhamento em Contraceção Subcutânea (Subcutaneous Contraception Counseling)
Academic Year 2025/2026

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Maria Otília Brites Zangão (otiliaz@uevora.pt)

3. Program description

This course includes the use of advanced technological resources, namely digital environments and technological platforms applied to training. It is based on the view that family planning is a fundamental pillar for sustainable socioeconomic development and the well-being of communities, requiring highly trained professionals for its effective implementation. The training of proficient specialists in this area is essential to ensure that families have access to accurate information, appropriate contraceptive methods, and personalized guidance on reproductive health, enabling informed decisions about the number and spacing of children. In this sense, there is a need to educate and train these professionals in underlying techniques, such as the insertion and removal of subcutaneous implants, to ensure excellence in practice and health gains.

4. Objectives

- Demonstrate knowledge about subcutaneous contraception: effectiveness, duration, advantages, disadvantages, indications, contraindications, and undesirable side effects;
- Apply the technique for inserting the Subcutaneous Implant;
- Apply the technique for removing the Subcutaneous Implant;
- Be aware of possible complications of the techniques and strategies for resolution.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

Candidates must be:

- Graduates in nursing with a specialization in Maternal and Obstetric Health Nursing or currently pursuing a Master's degree in Maternal and Obstetric Health Nursing.
- Graduates in Medicine.

iii Required academic qualifications Higher Education - Degree 1st Cycle (Bologna) or Equivalent

iv Necessary documentation

- a) identification document;
- b) document(s) proving the qualifications required in the Announcement for access to the course;
- c) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- d) proof of residence permit, in the case of foreign students;
- e) document with tax identification number, in the case of foreign students;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 20

Microcredential under the PRR's Impulso Mais Digital (More Digital Boost) initiative - MedTech NEXT Project - Medicine Technology and Future subject to incentive program in accordance with specific regulations.

8. Minimum number of students

Minimum number of students: 15

9. Tuition fee

- Tuition fee: 0,00 €

This course is covered by the PRR's Digital Plus Impulse. Students may be eligible for completion prize, in accordance with [Regulation](#), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 1

11. Horas de Contacto

- Total de horas de contacto: 10

12. Learning Type

b-Learning

13. Schedule type

Mixed

14. Classes location

Escola Superior de Enfermagem São João de Deus - Universidade de Évora

15. Classes schedule (week days and schedule)

- 12 de Março - 9h-13h (online)
- 18 de Março - 14h-18h (presencial)

16. Program Dates

- Program Start Date: March 12, 2026
- Program End Date: March 18, 2026

17. Application Dates

- Applications Start Date: February 2, 2026
- Applications End Date: February 23, 2026
- Announcement of Results (until): March 2, 2026
- Enrollments Start Date: March 3, 2026
- Enrollments End Date: March 9, 2026

January 29, 2026

The Rector

Hermínia Vasconcelos Vilar