



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Comunicação de Más Notícias e gestão do Luto de Familiares Enlutados (Breaking Bad News and Grief Management for Bereaved Family Members)
Academic Year 2025/2026

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Maria Margarida Palma Goes (mgoes@uevora.pt)

3. Program description

Delivering bad news and managing grief are essential competencies for healthcare and psychosocial support professionals, particularly in situations involving sudden, unexpected, or traumatic death. This course aims to equip participants with the ability to communicate bad news empathetically, ethically, and in a structured manner, and to implement effective, compassionate, and evidence-based interventions for bereaved family members. Grounded in an integrative model, it combines clinical practices, self-care strategies, and relational skills that promote healthy grief adaptation and mitigate suffering.

4. Objectives

- 1- To communicate bad news with empathy, structure, and ethical sensitivity;
- 2- To identify and distinguish between normal, anticipatory, and complicated grief;
- 3- To apply evidence-based therapeutic interventions;
- 4- To integrate self-care practices and professional resilience strategies;
- 5- To prevent emotional burnout in contexts of suffering and bereavement.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

Minimum qualification: Bachelor's degree (1st cycle) in Nursing or Medicine (or a legally recognised equivalent).

Professional requirement: Applicants must be licensed healthcare professionals legally authorised to practise in their respective field.

iii Required academic qualifications Higher Education - Degree 1st Cycle (Bologna) or Equivalent

iv Necessary documentation

- a) identification document;
- b) document(s) proving the qualifications required in the Announcement for access to the course;
- c) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- d) proof of residence permit, in the case of foreign students;
- e) document with tax identification number, in the case of foreign students;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 20

Admission is granted on a first-come, first-served basis, according to the date/time of full application submission, among eligible applicants, up to the published number of places. The selection process is administrative, subject to documentary verification of eligibility.

8. Minimum number of students

Minimum number of students: 10

9. Tuition fee

- Tuition fee: 0,00 €

This course is covered by the PRR's Digital Plus Impulse. Students may be eligible for completion prize, in accordance with [Regulation](#), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 1

11. Horas de Contacto

- Total de horas de contacto: 10

12. Learning Type

e-Learning

13. Schedule type

After-work

14. Classes location

University of Évora

15. Classes schedule (week days and schedule)

Monday: 17:00–19:00

Friday: 17:00–19:00

16. Program Dates

- Program Start Date: February 23, 2026
- Program End Date: March 6, 2026

17. Application Dates

- Applications Start Date: December 16, 2025
- Applications End Date: January 30, 2026
- Announcement of Results (until): February 9, 2026
- Enrollments Start Date: February 9, 2026
- Enrollments End Date: February 13, 2026

December 15, 2025

The Rector

Hermínia Vasconcelos Vilar