



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Mentoria entre Estudantes (Peer Mentoring)
Academic Year 2025/2026

1. The program is promoted by

Universidade de Évora - Escola de Ciências Sociais

2. Coordenador(a)

Anabela Maria Sousa Pereira (anabela.pereira@uevora.pt)

3. Program description

The contents of the course have been structured to prepare second-year students at the University of Évora to support new first-year students in their process of arriving and adapting to higher education. The course aims to promote the development of socio-emotional competences, metacognitive competences and self-regulation.

This course has been structured into 2 ECTS corresponding to 52 hours of work, 32 of which will be autonomous work and 20 contact hours (11 face-to-face, 3 synchronous and 6 asynchronous).

The hours of work will be distributed weekly over a quarter.

The face-to-face sessions will take place in the context of laboratory practice at the University.

The synchronous distance sessions (Zoom) will be used to clarify conceptual frameworks and doubts regarding the work carried out autonomously.

The asynchronous sessions and activities will be digitally supported by the Moodle platform (providing materials and contact with students).

4. Objectives

1. To understand the importance of welcoming and integrating new students into the university, promoting their well-being and academic success
2. To enable students to become more involved in the acquisition and development of transversal competences at a personal, social and academic level
3. To prepare students to be facilitators in building collaborative networks and interpersonal relationships
4. To promote the appropriation of knowledge that allows for the development of metacognitive skills

and academic self-regulation

5.To foster the use of innovative mentoring strategies

6.To raise awareness among students of a culture of social responsibility, solidarity and sustainability

5. Specific admission conditions

You must be a 2nd year undergraduate or Integrated Master's student at the University of Évora and have been selected by DIAE (Student Integration and Support Division) to take part in the Mentoring@UE programme

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 80

8. Minimum number of students

Minimum number of students: 20

9. Tuition fee

- Tuition fee: 0,00 €

10. ECTS

- Number of ECTS of the program: 2

11. Horas de Contacto

- Total de horas de contacto: 20

12. Learning Type

Presential

13. Schedule type

Mixed

14. Classes location

Évora, University of Évora

15. Classes schedule (week days and schedule)

Some days of the week from 6:00 p.m. to 7:30 p.m. and others from 6:30 p.m. to 9:00 p.m.
Mondays, Tuesdays, Wednesdays, and Thursdays

16. Program Dates

- Program Start Date: September 9, 2025
- Program End Date: October 31, 2025

17. Application Dates

- Applications Start Date: -
- Applications End Date: -
- Announcement of Results (until): September 8, 2025
- Enrollments Start Date: September 12, 2025
- Enrollments End Date: September 16, 2025

September 9, 2025

The Rector

Hermínia Vasconcelos Vilar