



# Universidade de Évora

## Open call rules

Applications for Admission: Curso de formação em Segurança no posicionamento no leito e transferência (Safety in bed positioning and transfer)  
Academic Year 2024/2025

### 1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

### 2. Coordenador(a)

José Manuel Afonso Moreira (jose.moreira@uevora.pt)

### 3. Program description

To prevent complications associated with immobility of the bedridden person, is important to understand and apply of the assistance techniques. In promoting safety, assisting bedridden people, also in preventing the risk of falls, it is recommended that caregivers of the elderly solidify their knowledge about assistance techniques for bedridden person. The all process of mobilization in bed and transfer the bedridden person must be performed of the principles of body mechanics and privileging the safety. The syllabus contents are directed to the competences for the development of the afore mentioned interventions, translated into the objectives. Manual skills are also required, being developed in the context of simulated practices.

### 4. Objectives

Develop skills in assisting the bedridden person safely. Skills to develop:- Know the principles of body mechanics.- Know the techniques to move the bedridden person.- Know transfer techniques.

### 5. General conditions of access and admission

#### i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

## ii **Specific admission conditions**

Health professionals who perform functions of: Geriatric Auxiliary, Caregiver for Elderly, Home Senior Helpers, Family Helper.

## iii **Required academic qualifications** Not applicable

## iv **Necessary documentation**

- a) identification document;
- b) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- c) proof of residence permit, in the case of foreign students;
- d) document with tax identification number, in the case of foreign students;
- e) if applicable, proof of unemployment;

## 6. **Selection Process**

Date of application submission.

## 7. **Maximum number of admissions**

- Maximum number of admissions: 25

## 8. **Minimum number of students**

Minimum number of students: 15

## 9. **Tuition fee**

- Tuition fee: 150,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

## 10. **ECTS**

- Number of ECTS of the program: 3

## 11. **Horas de Contacto**

- Total de horas de contacto: 15

## 12. **Learning Type**

b-Learning

### 13. Schedule type

Mixed

### 14. Classes location

Escola Superior de Enfermagem São João de Deus-Universidade de Évora

### 15. Classes schedule (week days and schedule)

Online

Terças-feiras 14h00 - 17h00

Presencial

Sábados 09h00 - 14h00

### 16. Program Dates

- Program Start Date: June 24, 2025
- Program End Date: July 11, 2025

### 17. Application Dates

- Applications Start Date: May 6, 2025
- Applications End Date: May 28, 2025
- Announcement of Results (until): June 9, 2025
- Enrollments Start Date: June 9, 2025
- Enrollments End Date: June 12, 2025

May 6, 2025

The Rector

Hermínia Vasconcelos Vilar