



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Gestão das relações humanas
(Human relationship management)
Academic Year 2024/2025

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Mónica Sofia do Couto Antunes (monica.antunes@uevora.pt)

3. Program description

This intensive course is designed for nursing professionals who aim to enhance their skills in managing human relationships within healthcare contexts. The focus is on understanding and improving interpersonal interactions that significantly affect patients' physical and mental health. Through this course, participants will learn to identify the factors that influence human relationships and develop effective strategies to promote and strengthen interpersonal relationships in hospital and community settings.

This program is particularly relevant for those looking to improve communication, empathy, and teamwork effectiveness, empowering professionals to create a more welcoming and therapeutic environment for patients and to promote self-care practices that support mental health and healthy connections among the team and patients. It is an excellent opportunity for healthcare professionals to strengthen their skills in one of the most fundamental aspects of clinical practice: the ability to effectively manage human relationships.

4. Objectives

course, it is intended that the student has developed the skills that allow him to:

1. Understand the Relationship between Health and Human Relations and its impact on a person's physical and mental health
2. Identify the factors that Influence Human Relations
3. Create and implement strategies to promote and strengthen interpersonal relationships in healthcare contexts, including hospital and community settings
4. Identify and deepen self-care practices that promote Mental Health and Healthy Connections

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

Nursing Graduation

iii Required academic qualifications Higher Education - Degree 1st Cycle (Bologna) or Equivalent

iv Necessary documentation

- a) identification document;
- b) document(s) proving the qualifications required in the Announcement for access to the course;
- c) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- d) proof of residence permit, in the case of foreign students;
- e) document with tax identification number, in the case of foreign students;
- f) if applicable, proof of unemployment;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 30

8. Minimum number of students

Minimum number of students: 10

9. Tuition fee

- Tuition fee: 150,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 3

11. Horas de Contacto

- Total de horas de contacto: 26

12. Learning Type

b-Learning

13. Schedule type

Mixed

14. Classes location

Évora University. Escola Superior de Enfermagem São João de Deus, Évora.

15. Classes schedule (week days and schedule)

Monday (17h-21h) (online)
Wednesday (17h-21h) (online)
Thursday (9h-18h) (on-site)

16. Program Dates

- Program Start Date: June 2, 2025
- Program End Date: June 5, 2025

17. Application Dates

- Applications Start Date: April 4, 2025
- Applications End Date: May 5, 2025
- Announcement of Results (until): May 14, 2025
- Enrollments Start Date: May 14, 2025
- Enrollments End Date: May 18, 2025

April 4, 2025

The Rector

Hermínia Vasconcelos Vilar