



Universidade de Évora
Universidade Nova de Lisboa - Faculdade de Ciências Médicas
Universidade Nova de Lisboa - Escola Nacional de Saúde Pública

Edital

Applications for Admission: Doutoramento em Ciências e Tecnologias da Saúde e
Bem-Estar (Health, Technologies and Well-being Sciences)
Academic Year 2025/2026

1. The program is promoted by

Universidade de Évora - Instituto de Investigação e Formação Avançada
Universidade Nova de Lisboa - Faculdade de Ciências Médicas
Universidade Nova de Lisboa - Escola Nacional de Saúde Pública

2. Study program in Consortium

- a. **Type of Consortium:** National
- b. **Type of Consortium:** Diploma to be awarded by all Partner Institutions together, pursuant to Article 42 of Decree-Law No. 74/2006, of 24 March, in its current republication
- c. **Type of Agreement:** Rotating (administrative-financial management under the responsibility of the edition host institution)
- d. **Coordinator Institution:** Universidade de Évora
- e. **Partner Institutions:**
 - Universidade de Évora
 - Universidade Nova de Lisboa - Faculdade de Ciências Médicas
 - Universidade Nova de Lisboa - Escola Nacional de Saúde Pública
- f. **Specific Regulation:** No
- g. **Host Institution:** Universidade Nova de Lisboa - Faculdade de Ciências Médicas
- h. **Applications place:**
 - Universidade Nova de Lisboa - Faculdade de Ciências Médicas

- **Application dates and information:** 1.^a Phase 03/03/2025 a 04/05/2025;
2.^a Phase 16/06/2025 a 29/06/2025
3.^a Phase 11/08/2025 a 24/08/2025

Information in: <https://www.nms.unl.pt/pt-pt/ensino/cursos/doutoramentos/ciencias-e-tecnologias-da-saude-e-bem-estar>

i. Executive Program Committee:

Professora Doutora Helena Canhão – NOVA Medical School | Faculdade de Ciências Médicas, Universidade NOVA de Lisboa Professor Doutor Manuel Lopes – Escola Superior de Enfermagem João de Deus, Universidade de Évora Professor Doutor Armando Raimundo – Escola de Saúde e Desenvolvimento Humano, Universidade de Évora Professora Doutora Sónia Dias – Escola Nacional de Saúde Pública, Universidade NOVA de Lisboa Prof.^a Doutora Ana Rita Pedro – Escola Nacional de Saúde Pública, Universidade NOVA de Lisboa Prof. Doutor André Rosário – NOVA Medical School | Faculdade de Ciências Médicas, Universidade NOVA de Lisboa Prof. Doutor César Fonseca – Escola Superior de Enfermagem João de Deus, Universidade de Évora

3. Program description

This study cycle results from a process of intense collaboration between academic institutions and the proposing research centers, with 3 nuclear aspects that underlie its relevance: a. The complexity and centrality of Health, whose understanding requires a perspective that is anchored in transdisciplinarity. It is equally accepted that health intervention cannot continue to be developed based on models centered on professions and these being organised in monolithic, corporative and hierarchical structures, which must be transprofessional. Considering the social determinants of health, intervention in it should not only be clinical in a restricted sense, but also organizational, social and political. Research is a determining factor for the quality of care provided, which should integrate the skills of health professionals in order to allow a quick translation of knowledge into the health care; b. The Phd as a response to professional development needs, insofar as training and qualification in Health and Welfare Sciences and Technologies is a way to strengthen human capital skills and develop rigorous instruments to understand complex health situations and intervene in problem solving; c. The Phd as a co-built development path through the transversal skills course in which aspects such as research ethics, the dissemination of science, among others, are developed.

4. Specialization areas

- Health Sciences and Wellbeing (**available**)
- Nursing (**available**)
- Health and Technology (**available**)

5. Career opportunities

Clinical career, academic career, laboratories and research centers.

6. Number of registration at DGES

R/A-Cr 229/2021

7. Number of accreditation process by A3ES

NCE/20/2000141

8. Program Creation Norm

Diário da República n.º 230 de 26 de novembro, Aviso n.º 22267/2021

9. General conditions of access and admission

i Legal conditions for access to the cycle of studies leading to the doctorate (doctor) degree (Ph.D.degree)

Those who meet the following conditions may apply to the cycle of studies that leads to the doctorate (doctor) degree (Ph.D.degree)

- Holders of the master degree or legal equivalent;
- Holders of a bachelor degree who have a particularly relevant academic or scientific curriculum vitae that is recognized as attesting the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to;
- Holders of an academic, scientific or professional curriculum vitae that is recognised as attesting the capacity to carry out this cycle of studies by the relevant scientific body of the higher education institution they wish to be admitted to.

ii Specific admission conditions

The following are specific conditions for admission

- a) Holders of the Master's degree or legal equivalent in areas of Health Sciences, Nursing, Health Technologies, Pharmaceutical Sciences, Biomedical Sciences, Biological Sciences, Human Motricity, Engineering and Computer Sciences, or other related areas;
- b) Holders of a Master's degree in any area of knowledge when they have a particularly relevant academic or scientific curriculum in the area of health;
- c) Exceptionally, holders of a licenciado degree or legal equivalent in the areas referred to in a), or other related areas conferred by a Portuguese higher education institution, with a minimum classification of 16/20, as well as graduates from foreign institutions with an equivalent degree and classification, recognized under the legal terms, and holding a relevant scientific curriculum in the area of health, that attests to their capacity to carry out this cycle of studies by the Scientific Council of the consortium institution that coordinates each edition of the course (University of Évora or Nova University of Lisbon);
- d) Admission into the specialty area of nursing shall be limited to those with bachelor's and master's degrees in nursing.

The recognition referred to in the previous number is proposed to the statutorily competent body of the host institution by the Course Director.

10. Maximum number of admissions

- Maximum number of admissions for candidates with nationality of European Union countries: 45
- Maximum number of admissions for candidates without nationality of European Union countries: 0

11. Tuition fee

- Candidates with nationality of European Union countries: 2 750,00 €
- Candidates without nationality of European Union countries: 2 750,00 €

12. Organization / Duration

- a. **Duration of the program:** 6 semesters
- b. **Number of ECTS to obtain the degree:** 180
- c. **Number of ECTS to obtain the doctorate course (conclusion of the curricular part):** 72

13. Language(s) of teaching

- English
- Portuguese

14. Learning Type

Presencial

15. Schedule type

Mixed

16. Classes schedule (week days and schedule)

To be defined by the New University of Lisbon - Faculty of Medical Sciences

17. Program starting date

September de 2025

March 10, 2025
The Rector

Hermínia Vasconcelos Vilar