



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Suporte Básico de Vida (Basic Life Support)
Academic Year 2024/2025

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Maria do Céu Mendes Pinto Marques (mcmарques@uevora.pt)

3. Program description

Human life is the basis of all citizenship rights, and the duty to know how to rescue and resuscitate is one of the foundations of active citizenship. Epidemiological evidence shows that cardiac arrest is the most urgent situation for immediate first aid; in a person in cardiac arrest each minute lost corresponds, on average, to the loss of 7% to 10% of the probability of survival. There is, therefore, no doubt about the importance of identifying an emergent situation and taking action. The aim of the course is to train the general public, in particular employees of schools, nursing homes and other institutions, to provide Basic Life Support.

4. Objectives

Perform BLS according to CPR/ERC rules;
Use the AED according to CPR/ERC rules.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

This training is aimed at adults. No minimum academic qualification is required.

In the 1st phase/1st moment: Candidates referred by Lusitano Ginásio Clube will have preference in the selection process.

In the 2nd phase/2nd moment: Candidates referred by the Academic Association of the University of Évora and the Technical Services of the University of Évora will have preference in the selection process.

In the 3rd phase / 3rd moment: Candidates referred by the Course Committee of the Nursing Degree of the University of Évora will have preference in the selection process.

In the 4th phase / 4th moment: Candidates referred by "Associação Socio-cultural Terapêutica de Évora (ASCTE)" will have preference in the selection process.

iii **Required academic qualifications** Not applicable

iv **Necessary documentation**

- a) identification document;
- b) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- c) proof of residence permit, in the case of foreign students;
- d) document with tax identification number, in the case of foreign students;
- e) if applicable, proof of unemployment;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 120

Places in each phase/moment depend on the number of classes in each edition/moment. Each class has a maximum of 20 trainees.

In the 1st phase/1st moment - 1 class

2nd phase/2nd moment - 2 classes

3rd phase/3rd moment - 4 classes

4th phase/4th moment - 2 classes

8. Minimum number of students

Minimum number of students: 12

9. Tuition fee

- Tuition fee: 50,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 1

11. Horas de Contacto

- Total de horas de contacto: 7

12. Learning Type

b-Learning

13. Schedule type

Mixed

14. Classes location

São Joao de Deus School of Nursing, University of Évora, Évora

15. Classes schedule (week days and schedule)

1st Phase/ 1st Moment

October 26, 2024 - 5 contact hours in person

2nd Phase / 2nd Moment

Class A - January 14, 2025 - 5 face-to-face contact hours

Class B - January 21, 2025 - 5 face-to-face contact hours

3rd Phase / 3rd Moment

Class A - February 10, 2025 - 5 face-to-face contact hours

Class B - February 11, 2025 - 5 face-to-face contact hours

Class C and Class D - February 12, 2025 - 5 face-to-face contact hours

4th Phase / 4th Moment

Class A - February 20, 2025 - 5 face-to-face contact hours

Class B - February 21, 2025 - 5 face-to-face contact hours

NOTE: Each class will also have 2 hours of asynchronous distance learning.

16. Program Dates

- 1st Phase
 - Program Start Date: October 21, 2024
 - Program End Date: October 26, 2024
- 2nd Phase

- Program Start Date: January 14, 2025
- Program End Date: January 21, 2025
- 3rd Phase
 - Program Start Date: February 3, 2025
 - Program End Date: February 12, 2025
- 4ª Fase
 - Program Start Date: February 17, 2025
 - Program End Date: February 28, 2025

17. Application Dates

- 1st Phase
 - Applications Start Date: October 9, 2024
 - Applications End Date: October 13, 2024
 - Announcement of Results (until): October 15, 2024
 - Enrollments Start Date: October 15, 2024
 - Enrollments End Date: October 16, 2024
- 2nd Phase
 - Applications Start Date: December 12, 2024
 - Applications End Date: December 20, 2024
 - Announcement of Results (until): January 3, 2025
 - Enrollments Start Date: January 3, 2025
 - Enrollments End Date: January 6, 2025
- 3rd Phase
 - Applications Start Date: January 2, 2025
 - Applications End Date: January 14, 2025
 - Announcement of Results (until): January 20, 2025
 - Enrollments Start Date: January 20, 2025
 - Enrollments End Date: January 23, 2025
- 4ª Fase
 - Applications Start Date: January 21, 2025
 - Applications End Date: January 29, 2025
 - Announcement of Results (until): February 5, 2025
 - Enrollments Start Date: February 5, 2025
 - Enrollments End Date: February 9, 2025

February 11, 2025

The Rector

Hermínia Vasconcelos Vilar