



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Psicofarmacologia Aplicada
(Applied Psychopharmacology)
Academic Year 2024/2025

1. The program is promoted by

Universidade de Évora - Escola de Saúde e Desenvolvimento Humano

2. Coordenador(a)

3. Program description

The main objective of the course is to provide professionals working in mental health with a review of the fundamentals of psychopharmacology, exploring the specificities of the different psychopharmacological classes. It will have special emphasis on clinical application, analyzing the fundamental principles of clinical psychopharmacology and its relevance to the treatment of psychiatric disorders. During the course, international prescribing guidelines and recommendations will be addressed, focusing on the safety and effectiveness of psychopharmaceuticals. Relevant clinical studies, which underpin prescribing practices, will be presented, with the aim of providing participants with grounded, cross-cutting knowledge, useful for a cross-cutting, multidisciplinary treatment process. The course will have a significant practical component, with the discussion of practical clinical cases, in which participants will be able to apply their knowledge and develop skills in the appropriate and individualized choice or interpretation of pharmacological treatments, considering the specific characteristics of each patient. It will be carried out in collaboration with ULSAC.

4. Objectives

At the end of the course, it is expected that participants will have acquired the following skills: 1. understand the fundamentals of psychopharmacology and its basic concepts. 2. recognize the characteristics and specificities of different classes of psychotropic drugs and application to the main mental health disorders. 3. apply or interpret the application of international guidelines and recommendations for prescribing psychotropic drugs. 4. Evaluate the safety and effectiveness of psychiatric drugs in the treatment of major mental disorders. 5. Identify drug interactions and possible side effects of psychiatric drugs. 6. Develop the choice or interpretation of the appropriate and individualized choice of psychopharmacological treatments. 7. Use practical and interactive clinical cases for the application of concepts and guidelines learned. 8. Act ethically and responsibly in the prescription and monitoring of psychopharmaceuticals.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

The course is aimed at doctors, nurses, psychologists, pharmacists, working in the health sector in the context of primary, secondary and community health care. Graduates in the health and related fields can apply.

Professionals with a relevant academic and/or professional CV can also apply (acceptance will depend on the assessment of the Course Committee).

iii Required academic qualifications Higher Education - Degree (Pre -Bolhan) or equivalent

iv Necessary documentation

- a) identification document;
- b) document(s) proving the qualifications required in the Announcement for access to the course;
- c) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- d) proof of residence permit, in the case of foreign students;
- e) document with tax identification number, in the case of foreign students;
- f) if applicable, proof of unemployment;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 25

8. Minimum number of students

Minimum number of students: 10

9. Tuition fee

- Tuition fee: 150,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 3

11. Horas de Contacto

- Total de horas de contacto: 18

12. Learning Type

e-Learning

13. Schedule type

After-work

14. Classes location

online

15. Classes schedule (week days and schedule)

Classes take place in the format of online seminars, lasting a total of 18 hours, divided into classes on Mondays, Wednesdays and Fridays over a period of 3 weeks, between 6-8 pm.

16. Program Dates

- 1st Phase
 - Program Start Date: November 4, 2024
 - Program End Date: November 29, 2024
- 2nd Phase
 - Program Start Date: March 17, 2025
 - Program End Date: April 11, 2025

17. Application Dates

- 1st Phase
 - Applications Start Date: July 19, 2024
 - Applications End Date: October 4, 2024
 - Announcement of Results (until): October 16, 2024
 - Enrollments Start Date: October 17, 2024
 - Enrollments End Date: October 21, 2024
- 2nd Phase
 - Applications Start Date: -
 - Applications End Date: -

- Announcement of Results (until): January 24, 2025
- Enrollments Start Date: January 24, 2025
- Enrollments End Date: January 25, 2025

January 23, 2025

The Rector

Hermínia Vasconcelos Vilar