



Universidade de Évora

Open call rules

Applications for Admission: Curso de formação em Treino Metacognitivo para a Psicose (Metacognitive Training for Psychosis)
Academic Year 2024/2025

1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

2. Coordenador(a)

Lara Manuela Guedes de Pinho (lmgp@uevora.pt)

3. Program description

Metacognitive Training is a psychotherapeutic intervention that is based on cognitive behavioral theory and aims to modify cognitive biases. The main common cognitive errors in Psychosis, the concept of Metacognition, the procedures for conducting Metacognitive Training sessions, and the modules of Metacognitive Training in Psychosis, through simulation sessions, will be discussed.

4. Objectives

The course aims to ability mental health and psychiatric professionals to implement this intervention for people with psychosis.

5. General conditions of access and admission

i General conditions

Be over 18 years old and resident permit. If you do not have Portuguese nationality, you must have a residence permit and tax payer number .

ii Specific admission conditions

Health professionals in the mental health area. Mental Health and Psychiatric Nurses, Clinical Psychologists, Psychiatrists, among others, provided that they have the skills to apply non-pharmacological interventions to people with psychotic disorders.

In the edition of the course to be held in Funchal (Madeira), preference will be given to Specialist Mental Health and Psychiatric Nurses from SESARAM, EPERAM.

In the edition of the course to be held in Matosinhos, only candidates referred by U.L.S. de Matosinhos will be admitted.

iii **Required academic qualifications** Higher Education - Degree (Pre -Bolhan) or equivalent

iv **Necessary documentation**

- a) identification document;
- b) document(s) proving the qualifications required in the Announcement for access to the course;
- c) document proving the IBAN of the bank account held by the candidate, in which the name of the holder is mentioned;
- d) proof of residence permit, in the case of foreign students;
- e) document with tax identification number, in the case of foreign students;
- f) if applicable, proof of unemployment;

6. Selection Process

Date of application submission.

7. Maximum number of admissions

- Maximum number of admissions: 100

Each edition of the course has 25 places

8. Minimum number of students

Minimum number of students: 10

9. Tuition fee

- Tuition fee: 100,00 €

This course is covered by the PRR's Adult Impulse. Students can receive two prizes: the participation prize, equal in value to the course fee, and the completion prize ([according to Regulation](#)), to be paid into a bank account held by the student.

10. ECTS

- Number of ECTS of the program: 2

11. Horas de Contacto

- Total de horas de contacto: 15

12. Learning Type

b-Learning

13. Schedule type

Mixed

14. Classes location

University of Évora- Edition of the Course to be held between November 4 and November 25

Funchal, Madeira- Edition of the Course to be held between November 7 and December 2

Matosinhos- Edition of the Course to be held between March 28 and April 12

University of Évora- Edition of the Course to be held between June 13 and June 21 , 2025

15. Classes schedule (week days and schedule)

Edition to be held in University of Évora:

September 23th: 09:00 to 13:00 and 14:30 to 17:30 (ONLINE)

October 28th: 09:00 to 13:00 and 14:00 to 18:00 (IN-PERSON)

Edition to be held in Funchal, Madeira:

November 8th (09:00 to 13:00 and 14:30 to 17:30) ONLINE

December 3rd (09:00 to 13:00 and 14:00 to 18:00) IN-PERSON

Edition to be held in Matosinhos:

March 28, 2025, from 5:00 PM to 9:00 PM (ONLINE)

April 1, from 6:00 PM to 9:00 PM (ONLINE)

April 12, from 9:00 AM to 1:00 PM and from 2:00 PM to 6:00 PM (IN-PERSON)

16. Program Dates

- 1st Phase
 - Program Start Date: September 23, 2024
 - Program End Date: October 28, 2024
- 2nd Phase
 - Program Start Date: November 8, 2024
 - Program End Date: December 3, 2024
- 3rd Phase
 - Program Start Date: March 28, 2025
 - Program End Date: April 12, 2025

- 4ª Fase
 - Program Start Date: June 13, 2025
 - Program End Date: June 21, 2025

17. Application Dates

- 1st Phase
 - Applications Start Date: June 19, 2024
 - Applications End Date: August 28, 2024
 - Announcement of Results (until): September 10, 2024
 - Enrollments Start Date: September 10, 2024
 - Enrollments End Date: September 13, 2024
- 2nd Phase
 - Applications Start Date: October 12, 2024
 - Applications End Date: October 18, 2024
 - Announcement of Results (until): October 25, 2024
 - Enrollments Start Date: October 25, 2024
 - Enrollments End Date: October 29, 2024
- 3rd Phase
 - Applications Start Date: February 12, 2025
 - Applications End Date: March 4, 2025
 - Announcement of Results (until): March 12, 2025
 - Enrollments Start Date: March 12, 2025
 - Enrollments End Date: March 17, 2025
- 4ª Fase
 - Applications Start Date: May 5, 2025
 - Applications End Date: May 26, 2025
 - Announcement of Results (until): May 30, 2025
 - Enrollments Start Date: May 30, 2025
 - Enrollments End Date: June 4, 2025

April 30, 2025

The Rector

Hermínia Vasconcelos Vilar