



# Universidade de Évora

## Edital

Applications for Admission to the Continuing Education in  
Safety in bed positioning and transfer  
Academic Year 2023/2024

### 1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

### 2. Coordenador(a)

José Manuel Afonso Moreira (jafonsomoreira@gmail.com)

### 3. Program description

To prevent complications associated with immobility of the bedridden person, is important to understand and apply of the assistance techniques. In promoting safety, assisting bedridden people, also in preventing the risk of falls, it is recommended that caregivers of the elderly solidify their knowledge about assistance techniques for bedridden person. The all process of mobilization in bed and transfer the bedridden person must be performed of the principles of body mechanics and privileging the safety. The syllabus contents are directed to the competences for the development of the afore mentioned interventions, translated into the objectives. Manual skills are also required, being developed in the context of simulated practices.

### 4. Objectives

### 5. General conditions of access and admission

#### i Specific admission conditions

Health professionals who perform functions of: Geriatric Auxiliary, Caregiver for Elderly, Home Senior Helpers, Family Helper.

#### ii Necessary documentation

a) Curriculum Vitae;

- b) document proving the date of birth;
- c) documents proving the qualifications;
- d) document proving the residence permit issued by SEF, in the case of international student;
- e) document with fiscal number, in case of international student;
- f) if it is applicable, a document proving the unemployment situation;

## **6. Selection Process**

First priority: Be over 23 years old when the course starts

Second priority: Date of application

For the course to take place, 75% of the candidates admitted must be over the age of 23

## **7. Maximum number of admissions**

- Maximum number of admissions: 20

## **8. Minimum number of students**

Minimum number of students: 15

## **9. Tuition fee**

- Tuition fee: 75,00 €

Students benefiting from PRR Adult Support will have 10 working days, after the date of receipt of the incentive, to pay the tuition fee.

## **10. Organization / Duration**

- a. **Duration of the program:** 2 weeks
- b. **Number of ECTS to obtain the post-graduate program:** 3

## **11. Learning Type**

b-Learning

## **12. Schedule type**

Mixed

### **13. Classes schedule (week days and schedule)**

Online

Tuesdays 14h00 - 16h30

Laboratory

Saturdays 09h00 - 14h00

### **14. Program Dates**

- Program Start Date: November 7, 2023
- Program End Date: November 25, 2023

### **15. Application Dates**

- Applications Start Date: September 25, 2023
- Applications End Date: October 17, 2023
- Announcement of Results (until): October 26, 2023
- Enrollments Start Date: October 26, 2023
- Enrollments End Date: October 31, 2023

September 21, 2023  
The Rector

Hermínia Vasconcelos Vilar