



# Universidade de Évora

## Edital

Applications for Admission to the Continuing Education in  
Promoting Breastfeeding  
Academic Year 2023/2024

### 1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

### 2. Coordenador(a)

Maria Otília Brites Zangão (otiliaz@uevora.pt)

### 3. Program description

The WHO and UNICEF recommend exclusive breastfeeding from birth to 6 months, and continued breastfeeding with complementary foods up to 2 years of age or beyond. However, most mothers in some countries start bottle-feeding formula milk and other foods before the age of 4 months, with many stopping breastfeeding long before the age of 2 years. The protection, promotion and support of breastfeeding are a public health priority throughout Europe. Adequate information, education and communication is crucial for the re-establishment of a breastfeeding culture at national level.

### 4. Objectives

- Divulgar as orientações da OMS/UNICEF para o sucesso do Aleitamento Materno;
- Proporcionar aos formandos conhecimentos e práticas que promovam e apoiem a Amamentação.

### 5. General conditions of access and admission

#### i Specific admission conditions

Being pregnant or breastfeeding

#### ii Necessary documentation

a) Curriculum Vitae;

- b) document proving the date of birth;
- c) documents proving the qualifications;
- d) document proving the residence permit issued by SEF, in the case of international student;
- e) document with fiscal number, in case of international student;
- f) if it is applicable, a document proving the unemployment situation;

International students who do not submit the documentation referred to in d) and e) can be admitted to the Course, if there is a vacancy, but cannot benefit from the PRR Adult Support.

## 6. Selection Process

First priority: Be over 23 years old when the course starts

Second priority: Date of application

For the course to take place, 75% of the candidates admitted must be over the age of 23

## 7. Maximum number of admissions

- Maximum number of admissions: 15

## 8. Minimum number of students

Minimum number of students: 10

## 9. Tuition fee

- Tuition fee: 50,00 €

Students benefiting from PRR Adult Support will have 10 working days, after the date of receipt of the incentive, to pay the tuition fee.

## 10. Organization / Duration

- a. **Duration of the program:** 5 weeks
- b. **Number of ECTS to obtain the post-graduate program:** 2

## 11. Learning Type

Presencial

## 12. Schedule type

After-work

### **13. Classes schedule (week days and schedule)**

The course runs on Thursdays and Fridays from 5 pm to 8 pm

### **14. Program Dates**

- Program Start Date: September 21, 2023
- Program End Date: October 6, 2023

### **15. Application Dates**

- Applications Start Date: August 7, 2023
- Applications End Date: September 1, 2023
- Announcement of Results (until): September 14, 2023
- Enrollments Start Date: September 14, 2023
- Enrollments End Date: September 18, 2023

July 14, 2023  
The Rector

Hermínia Vasconcelos Vilar