



# Universidade de Évora

## Edital

Applications for Admission to the Continuing Education in  
Metacognitive Training for Psychosis  
Academic Year 2023/2024

### 1. The program is promoted by

Universidade de Évora - Escola Superior de Enfermagem S. João de Deus

### 2. Coordenador(a)

Lara Manuela Guedes de Pinho (larapinho7@gmail.com)

### 3. Program description

Metacognitive Training is a psychotherapeutic intervention that is based on cognitive behavioral theory and aims to modify cognitive biases. The main common cognitive errors in Psychosis, the concept of Metacognition, the procedures for conducting Metacognitive Training sessions, and the modules of Metacognitive Training in Psychosis, through simulation sessions, will be discussed.

### 4. Objectives

### 5. General conditions of access and admission

#### i Specific admission conditions

Health professionals in the mental health area. Mental Health and Psychiatric Nurses, Clinical Psychologists, Psychiatrists, among others, provided that they have the skills to apply non-pharmacological interventions to people with psychotic disorders.

#### ii Necessary documentation

- a) Curriculum Vitae;
- b) document proving the date of birth;
- c) documents proving the qualifications;
- d) document proving the residence permit issued by SEF, in the case of international student;
- e) document with fiscal number, in case of international student;
- f) if it is applicable, a document proving the unemployment situation;

## 6. Selection Process

First priority: Be over 23 years old when the course starts

Second priority: Date of application

For the course to take place, 75% of the candidates admitted must be over the age of 23

## 7. Maximum number of admissions

- Maximum number of admissions: 25

## 8. Tuition fee

- Tuition fee: 50,00 €

Students benefiting from PRR Adult Support will have 10 working days, after the date of receipt of the incentive, to pay the tuition fee.

## 9. Organization / Duration

- a. **Duration of the program:** 4 weeks
- b. **Number of ECTS to obtain the post-graduate program:** 2

## 10. Learning Type

b-Learning

## 11. Schedule type

Labor

## 12. Classes schedule (week days and schedule)

15th December from 9am to 1pm and from 2.30pm to 5.30pm (in person)

19th January from 09.00 to 13.00 and from 14.00 to 18.00 (online)

Location: Faro Hospital

### 13. Program Dates

- 1st Phase (1st Edition)
  - Program Start Date: November 6, 2023
  - Program End Date: November 28, 2023
- 2nd Phase (1st Edition)
  - Program Start Date: November 6, 2023
  - Program End Date: November 28, 2023
- 3rd Phase (2nd Edition)
  - Program Start Date: December 15, 2023
  - Program End Date: January 19, 2024

### 14. Application Dates

- 1st Phase (1st Edition)
  - Applications Start Date: July 3, 2023
  - Applications End Date: July 14, 2023
  - Announcement of Results (until): July 31, 2023
  - Enrollments Start Date: August 1, 2023
  - Enrollments End Date: August 18, 2023
- 2nd Phase (1st Edition)
  - Applications Start Date: August 16, 2023
  - Applications End Date: October 11, 2023
  - Announcement of Results (until): October 24, 2023
  - Enrollments Start Date: October 24, 2023
  - Enrollments End Date: October 27, 2023
- 3rd Phase (2nd Edition)
  - Applications Start Date: November 2, 2023
  - Applications End Date: November 24, 2023
  - Announcement of Results (until): December 7, 2023
  - Enrollments Start Date: December 7, 2023
  - Enrollments End Date: December 12, 2023

October 27, 2023  
The Rector

Hermínia Vasconcelos Vilar